

District 2C JH (7th/8th) Elementary (5th/6th) Track Meet

May 11, 2024 @ Lambert Sports Complex

Running Order: 5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys

All Running Events will be Finals.

Coaches Meeting & Scratch Meeting 8:00am

TRACK EVENTS

FIELD EVENTS

8:00am-8:30am Pole Vault Warm-up

9:00am	100 Meter Hurdles	8:30am	Pole Vault	7/8 th	Girls/Boys
			Shot Put	7/8 th	Boys
9:25am	100 Meter Dash		Long Jump	7/8 th	Girls
			Discus	5/6 th	Boys
9:55am	400 Meter Dash		High Jump	5/6 th	Girls
10:20am	1600 Meter Run (7/8 th Only)	10:00am	Shot Put	7/8 th	Girls
			Long Jump	7/8 th	Boys
			Discus	5/6 th	Girls
10:50am	50m Dash (5/6 th Only)		High Jump	5/6 th	Boys
11:15am	400m Relay	11:30am	Shot Put	5/6 th	Boys
			Long Jump	5/6 th	Girls
12:15pm	200m Hurdles (7/8 th ONLY)		Discus	7/8 th	Boys
			High Jump	7/8 th	Girls
			Triple Jump	7/8 th	Boys
12:45pm	200m Dash				
1:15pm	800m Run	1:00pm	Shot Put	5/6 th	Girls
			Long Jump	5/6 th	Boys
1:45pm	800 Medley Relay (100-100-200-400)		Discus	7/8 th	Girls
			High Jump	7/8 th	Boys
			Triple Jump	7/8 th	Girls